## WHAT'S ELIGIBLE?



A Health Care FSA covers a wide variety of expenses. We've assembled a list of common expenses that are eligible for reimbursement. Not all eligible items are on this list. For a more exhaustive list, visit our website at www.flex-plan.com.

## **ELIGIBLE HEALTH CARE EXPENSES**

Items marked with an asterisk (\*) are considered over-the-counter (OTC) medicines or drugs and require a prescription for reimbursement.

Acne treatment\* Acupuncture Allergy & Sinus medication\* Antacids\* Antibiotic ointment\* Anti-diarrheal\* Antifungal foot cream\* Anti-gas medication\* Anti-itch cream/gel\* Antiseptic\* Asthma treatment\* Bandages/gauze

Birthing classes or Lamaze Blood pressure monitor Braces (knee, ankle, wrist) Breast pump Burn cream\*

Chiropractic services Coinsurance Cold/hot pack

Cold sore treatment\* Cold/cough medication\* Compression stockings Contacts & solutions Copays CPAP machine Crutches Deductibles Dental services Diabetic supplies Diaper rash ointment\*

Digestive Aids\*

Drug addiction treatment Ear wax removal kits\*

Eve drops

Feminine Anti-Fungal/Anti-

Itch\*

Fertility monitor Flu shots

Hearing aids & supplies Hemorrhoid medication\* Hormone therapy

Hospital fees Humidifiers

**Immunizations** Incontinence supplies Individual counseling Insect bite treatment\*

Lab work **Lactation Consultant** 

Lactose intolerance pills\* Laser eye surgery

Laxative\*

Lice treatment products\* Massage therapy

Medical records Motion sickness relief\*

Nasal strips

Naturopathic visits Orthodontia Orthotic inserts

Oxygen and equipment Pain relievers\* Parasitic treatment\*

Physical exams Physical therapy Pregnancy test Prenatal vitamins Prescription drugs Prescription glasses Reading glasses

Respiratory Treatments\* Saline nasal spray Sleep Aids & Sedatives\* Sleep deprivation treatment

Smoking cessation

products\*

Smoking cessation programs

Speech therapy Stool softener\* Thermometer Throat lozenges\* Vision care Walker

Wart treatment\* Wheelchair & repair

X-rays

## ADDITIONAL DOCUMENTATION REQUIRED

Certain medical expenses are not reimbursable under a Health Care FSA unless a licensed health care practitioner states that the service or product is medically necessary. Flex-Plan will need a Letter of Medical Necessity (LMN) for these items to be reimbursed. The LMN is available on our website. Please note that certain expenses may require additional documentation to be reimbursed.

Automobile modifications Cosmetic procedures Lumbar support Vitamins and supplements Braille books Family Therapy Mole removal Weight loss programs Home medical equipment Motorized scooter Breast augmentation Breast reduction Learning disability fees Nutritionist expenses

## **INELIGIBLE HEALTH CARE EXPENSES**

The following expenses are **not** eligible under a Health Care FSA. Under no circumstances will the following items be reimbursed. Please do not submit claims for these items.

**Books** Boutique practice fees **COBRA** premiums College insurance **CPR** classes Electrolysis/laser hair removal Illegal operations/substances Face lift Finance charges

Funeral expenses Gym membership Hair transplant Household help Hygiene products Imported OTC items Imported prescriptions

Insurance premiums Late fees Liposuction Marijuana Marriage counseling Massage chair Mattress

Missed appointment fee

Hair growth products Electric toothbrush/picks Teeth whitening

**Toiletries** Veneers Warranties